

Sunday, Dec 4<sup>th</sup>, 2022  
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## “Do Not Worry?”

Mt 6:24-34

### Today's BIG Idea:

***When we seek God's Kingdom, the worries of this world grow strangely dim.***

### 1) What does it mean to be anxious/worried?

*Merimnaō* : to be troubled with cares

From the context of this passage, we get some hints at what the cares involve:

- About worldly \_\_\_\_\_ / \_\_\_\_\_ (vs 19-24)
- About \_\_\_\_\_ (vs 25)
- About what you will eat, drink, or wear – \_\_\_\_\_ needs (vs 25-26)
- About the \_\_\_\_\_ (vs 34)

### 2) Is it sinful to be anxious?

- Remember who is telling us not to be anxious: \_\_\_\_\_ the Son (vs 25)
- Is it sinful to do something God tells us not to do? \_\_\_\_\_

*“Do not be anxious about anything..”– Phil 4:6a*

- Having the humility to recognizing our action as \_\_\_\_\_, is the first step in dealing with \_\_\_\_\_ .

***“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.” 1 Peter 5:7***

### 3) How can the follower of Chris shed the worries/anxiety of this world? 4 Things to remember from this passage:

- Remember God's \_\_\_\_\_
- Remember who tells us not to worry: Christ who died for us (vs. 25)
- Remember who takes care of us: \_\_\_\_\_ the Father (vs. 26,30,& 32)
- Remember the \_\_\_\_\_ of worrying (vs 27)
- Remember our \_\_\_\_\_ purpose (vs 33)
  - A Kingdom mindset changes the things we \_\_\_\_\_
  - \_\_\_\_\_ Eternal treasures instead of earthly
  - \_\_\_\_\_ The righteousness of God instead of the ways of the world

**You don't exist to acquire earthly possessions; you exist to put the possession He has given you to work for His glory, for His kingdom.**

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### APPLICATION QUESTIONS:

1. Do you ever find yourself worried or anxious about anything? In filtering those worries/anxieties through the lens of scripture, are they sinful worries/anxieties?
2. How can you apply Christ's teachings from Matthew 6:25-34 to your worries/anxieties to find relief from them?
3. Can you think of a time when God relieved you or delivered you from a specific worry/anxiety? Take a moment to recount that and give thanks to God.